

The Bristol Scale

Type 1



Separate hard lumps (like nuts)

Type 2



Sausage-shaped but lumpy

Type 3



Like a sausage with cracks on the surface

Type 4



Like a sausage or snake, smooth and soft

Type 5



Soft blobs with clear-cut edges

Type 6



Mushy stool, fluffy pieces with ragged edges

Type 7



Watery, entirely liquid